# Local Community Dinners

#### Our Neighbors Table in Amesbury

- Every Wednesday, 4-6PM
- Main Street Congregational Church (Vestry Hall) 145 Main Street, Amesbury, MA
- In person dining resuming 6/21/23

#### Saint Joseph Parish in Wakefield

- 1st Thursday of each month at 5PM
- 173 Albion Street, Wakefield MA 01880

#### Community Dinenrs and Food Pantry in Stoneham

- Tuesdays at 5:45PM
- 1 Church Street, Stoneham, MA

#### Bread of Life in Malden

- Tuesday, Wednesday, Thursday and Friday from 5:30PM to 6:30PM
- First Baptist Church located on the corner of Main and Church Streets in Malden

#### Most Blessed Sacrament Parish in Wakefield

- 2nd Wednesday of each month from 5-6PM
- 1155 Main Street in Wakefield

### First Baptist Church in Wakefield

- 4th Monday of each month from 6-7PM
- Dinners are temporarily being held at First Parish Congregational Church at One Church St, Wakefield

### Emmanuel Epsicopal Church in Wakefield

- Sit-down community meal on the 3rd Tuesday of each month at 5PM
- Horizon House, 78 Water Street, Wakefield



## Local Food Pantries (Greater Newburyport)

#### **Greater Boston Food Bank**

- They partner with more than 600 hunger-relief agencies throughout nine counties and 190 towns and cities in Eastern Massachusetts
- You can search <u>here</u> for a food pantry in your area

#### **Community Action Inc**

- 44A Friend Street, Amesbury
- Amesbury, Merrimac, Salisbury, Newburyport, Newbury and West Newbury
- Curbsidepickup only, must call to schedule food pick up (978) 388-2570

#### **Newbury Food Pantry**

- 89 Hanover Street, Newbury
- Serving Newbury, Newburyport, Byfield, Georgetown, Rowley, West Newbury, Salisbury and Ipswich
- Order online Wednesday through Thursday at noon or call (978) 358-1077
- Friday morning home delivery
- Friday afternoon curbside pickup at 20 High Rd in Newbury from 2:45PM to 4:45PM

### Our Neighbor's Table

- 194 Main Street, Amesbury (978) 388-1907
- Serving Amesbury, Boxford, Byfield, Georgetown, Groveland, Merrimac, Newbury,
   Newburyport, Rowley, Salisbury, West Newbury and South Hampton, NH
- Curbside pick up only
- Delivery services available for homebound individuals in Amesbury, Newburyport and Salisbury

### Pettengill House Food Pantry

- 13 Lafayette Road, Salisbury (978) 463-8801
- Serving the Greater Newburyport area
- Tuesday 9AM to 6PM by appointment only
- Wednesday 9AM to 1PM by appointment only, for seniors and medically compromised individuals

# Local Food Pantries (Boston)

#### **Greater Boston Food Bank**

- They partner with more than 600 hunger-relief agencies throughout nine counties and 190 towns and cities in Eastern Massachusetts
- You can search <u>here</u> for a food pantry in your area.

#### USCCB/ The Paulist Center and Wed. Supper Club

- 5 Park Street, Boston (617) 948-2428
- Tuesday 1:30 to 3PM Food pantry (weekly)
- Wednesday 6-7PM Meal program (weekly)

#### Codman Square Health Center

- 450 Washington Street, Dorchester (617) 825-9660
- Tuesday 8-11AM weekly

### YMCA Boston/New Sinai House of Prayer (MML)

- 429 Bowdoin Street, Boston (857) 251-4437
- Friday 12-3PM weekly

#### Boston Rescue Mission / Pantry & Meals

- 39 Kingston Street, Boston
- Wednesday 9-11AM Food pantry (every other week)
- Daily 6-7AM House for Meals Program Breakfast
- Daily 11:30AM-12:30PM House for Meals Program Lunch
- Sunday 5-6PM House for Meals Program Dinner

### St Anthony Shrine/Franciscan Food Center

- 100 Arch Street, Boston
- Thursday 10AM-12PM (weekly)

# Meal Programs Open to Everyone



### Coffee and Danish - Monday through Friday

• 9AM at Salvation Army, Newburyport

#### Sunday

• 12:30 to 2PM South and Sandwiches, Old South Church, School Street Entrance, Newburyport

#### Monday

- 11AM lunch at St. Basil's Kitchen, Greek Orthodox Church, Newburyport
- 5PM dinner at Among Friends, St. Paul's Church, Newburyport

#### Tuesday

- 11AM to 12:30PM lunch at Among Friends, St. Paul's Church, Newburyport
- 5-6PM dinner at Breaking Bread, Immaculate Conception Church, Newburyport

### Wednesday

- 11AM to 12:30PM lunch at The Salvation Army Cafè, Newburyport
- 4-6PM dinner at Our Neighbor's Table at Main Street Congressional Church, Amesbury

#### Thursday

• 5 to 6PM Friendship Table Dinner, The Salvation Army, Newburyport

#### Friday

• 11AM to 12:30PM lunch at Among Friends, St. Paul's Church, Newburyport

### Saturday

• 8 to 10AM Central Congregational church, Newburyport

## Federal Nutrition Programs



#### **SNAP**

- Federal nutrition program with monthly funds on a debit-like EBT card to buy food
- Eligibility: Dependent on who is in the household, income and certain expenses, you must also be a US citizen
- Where to Apply: <a href="www.mass.gov/how-to/apply-for-snap-benefits-food-stamps">www.mass.gov/how-to/apply-for-snap-benefits-food-stamps</a>

#### WIC

- Health and nutrition program for pregnant women, breastfeeding women, up to 1 year postpartum, non-breastfeeding women, up to 6 months postpartum and infants and children younger than age 5
- Eligibility: must live in Massachusetts, have a nutritional need (determined by WIC staff), are a child under 5, a new mom or a pregnant or breastfeeding woman, and have a family income less than WIC guidelines
- You are automatically income eligible for WIC if you currently receive MassHealth/Medicaid insurance plans, Supplemental Nutrition Assistance Program (SNAP), Transitional Aid to Families with Dependent Children (TAFDC) or cash assistance
- Where to Apply: <a href="https://www.mass.gov/forms/apply-for-wic-online">https://www.mass.gov/forms/apply-for-wic-online</a>

### National School Lunch Program

- All schools participating in the NSLP, provide students with free school lunch
- This includes all public schools and some charter schools. Breakfast and a snack is also available at some schools

#### Summer Eats (Summer Food Service Program (SFSP)

- Summer Eats provides free meals for youth ages 0-18 during the summer months, Monday through Friday
- Locations can be found by calling your local school district or at this website <a href="here">here</a>